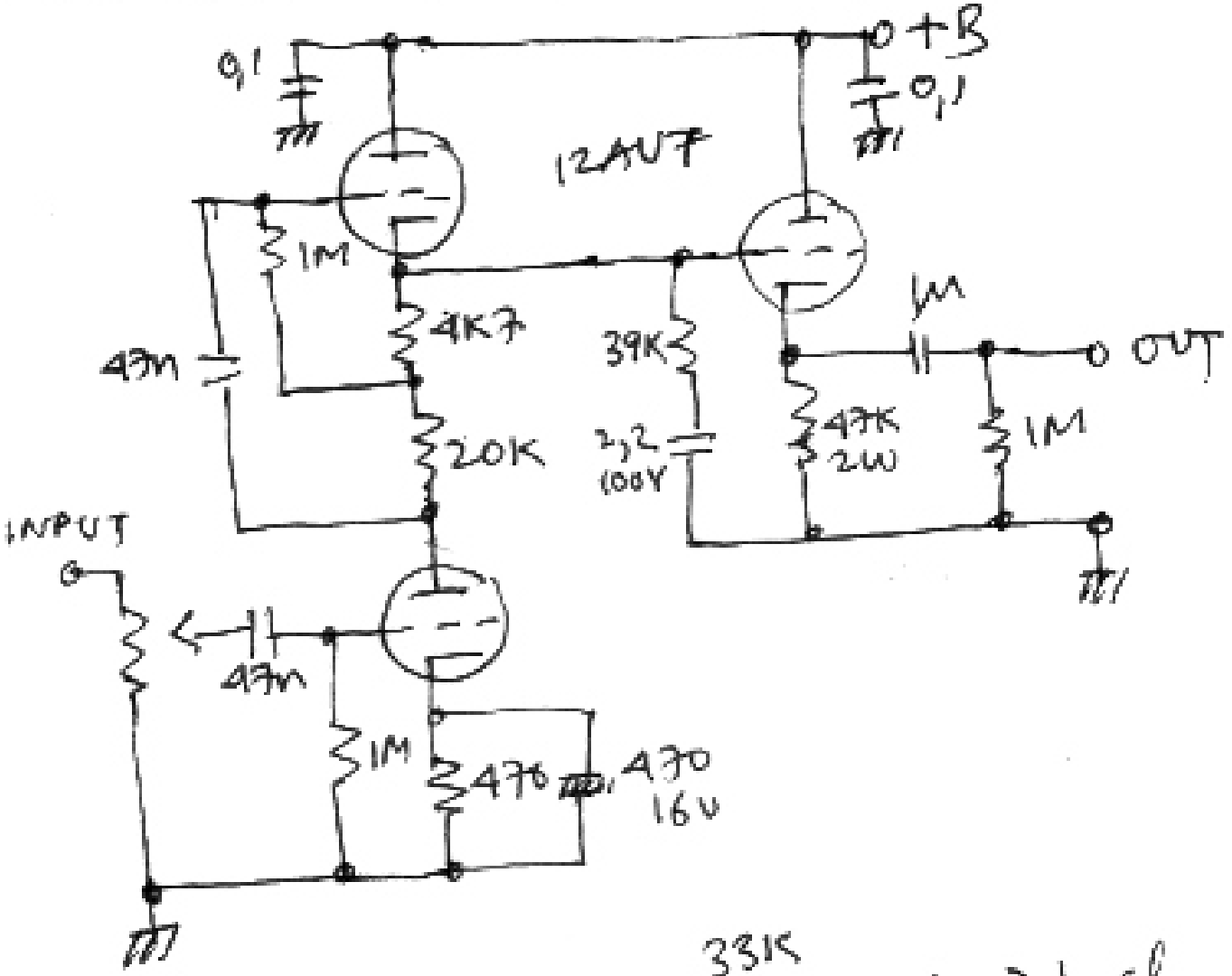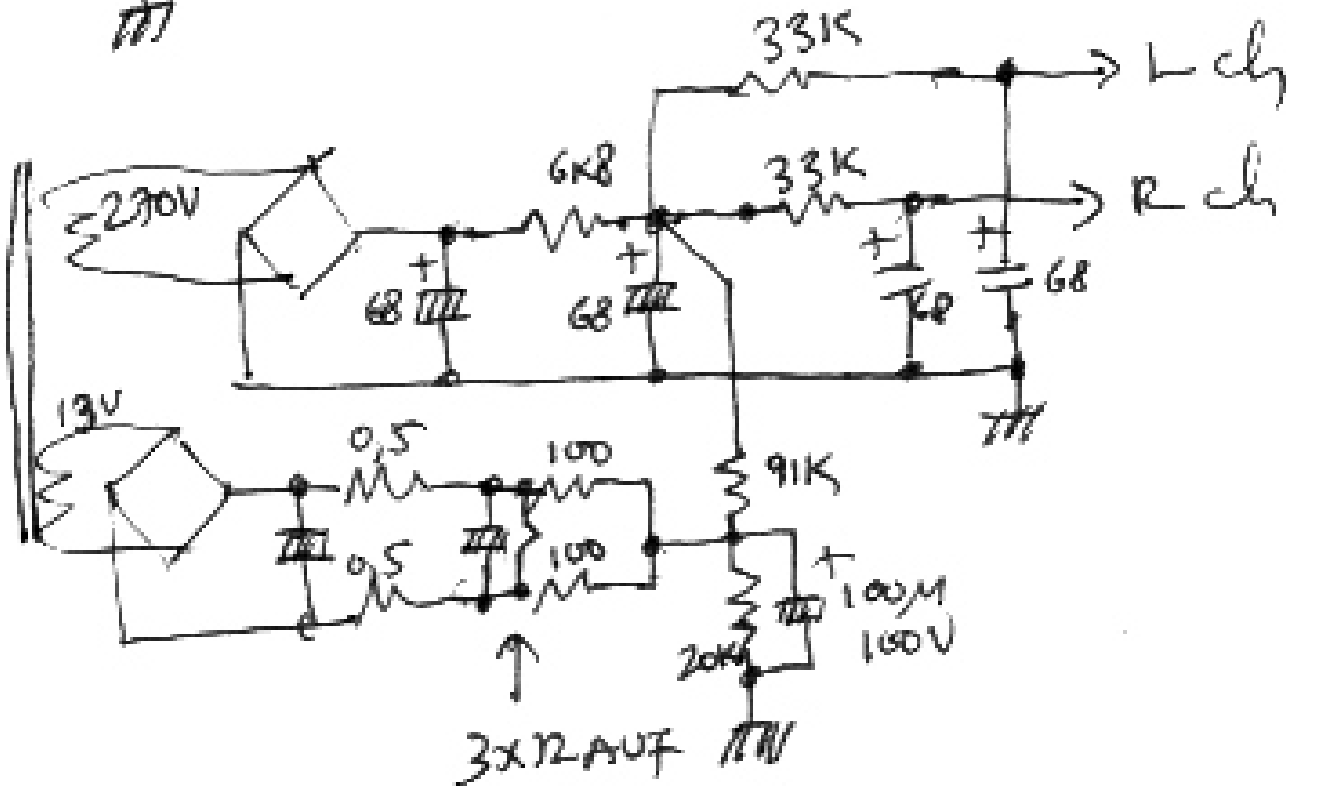MU FOLLOWER + BUFFER